

## Fighting Allergic Rhinitis

Date: 28 June 2017(Wed)  
Time: 1 pm – 2 pm  
Venue: LT K  
Speaker: Dr David Ho, Specialist in Otorhinolaryngology  
Language: Cantonese

The Specialist will focus on the causes and symptoms of allergic rhinitis, including serious sickness like asthma and sinusitis. Allergens, assessment and treatments will also be covered during the talk.

Please register for the talk by June 27, 2017:

[https://ust.az1.qualtrics.com/jfe/form/SV\\_aag5dN1E55mfyLz](https://ust.az1.qualtrics.com/jfe/form/SV_aag5dN1E55mfyLz)

---

### “戰勝鼻敏感”

日期: 2017年6月28日  
時間: 1 pm - 2 pm  
地點: LT K  
講者: 何志謙醫生 耳鼻喉科專科醫生  
語言: 廣東話

每早起床後會不斷打噴嚏、流鼻涕，往往以為自己是傷風著涼，其實可能已患上鼻敏感。有調查發現康文署轄下四所體育館，訪問逾八百七十名市民，六成人有鼻敏感。

講座內容: 鼻敏感的成因、對身體的影響(包括呼吸、精神、味覺、眼睛等)、容易被忽略的致敏原、一般人對鼻敏感的誤解、其檢查及治療方法、並可能引致的疾病如哮喘、鼻竇炎等。

請於 2017年6月27日前報名參加:

[https://ust.az1.qualtrics.com/jfe/form/SV\\_aag5dN1E55mfyLz](https://ust.az1.qualtrics.com/jfe/form/SV_aag5dN1E55mfyLz)