

Dear Colleagues,

In this HKUST Staff Association (SA) News, we would like to share with you the followings:

SA Activities and the Latest Offers:

- [REMINDER] Recruitments of SA Teams and Groups will due soon (late Apr to early May)
- [REMINDER] Leather Workshop in May 2017 will due soon (Apr 28)
- Lunch Talk Traditional Snake Crane Wing Chun Jong Kung and Health [II] (May 9)
- Lunch Sharing Session for Men (May 9)
- The Latest Offers for Staff & SA Members
- [Reminder] Recruitments of SA Teams and Groups will due soon (click <u>HERE</u> for details)
 Recruitment: 1-HKUST Staff & Student Dragon Boat Team will due soon (Apr 31)
 [SA Interest Groups and Teams]
- 2. [Reminder] <u>Leather Workshop in May 2017</u> will due soon (Apr 28) [SA Staff Fellowship]
- 3. Lunch Talk Traditional Snake Crane Wing Chun Jong Kung and Health [II] (More on practices)

Date: 9th May 2017(Tue)

Time: 1pm-2pm

Venue: Room 5620 (close to lifts #31-32)

Speaker: Mr. Wayne Yung

Language: Cantonese

What is the YeeJeeKimYeung stance's functionality? How could qi be developed via a simple stance, YeeJeeKimYeung? A simple workshop will be conducted along the talk. Audience can feel what qi is and how our body could be warmed up with this simple stance.

[SA Snake Crane Wing Chun Group]

- 4. Lunch Sharing Session for Men on May 9 (please see Chinese version below for details) [organized by the SA Staff Fellowship]
- 5. The Latest Offers for Staff & SA Members

New Offers:

- Body Care Products
- Monthly Offer on telecommunication products
- Talk on Cultivation of Children's Artistic Side at Home (12 May 2017)

Please check the latest offers for staff & SA members at: http://staff.ust.hk/service_off.html

[coordinated by the SA Benefits Team]

Apr 26, 2017 HKUST Staff Association

For enquiry, please contact staff@ust.hk

"Services & Benefits" - Special Offer: http://staff.ust.hk/service_off.html

Interest Groups & Teams: http://staff.ust.hk/interest.html

今期香港科技大學教職員協會會訊信息如下:

- [提示]教職員會興趣小組及運動隊招募快將截止(4月尾至5月) 香港科技大學師生龍舟隊招募快將截止(4月31日)
- [提示] 5 月皮革班: 親手造父親節禮物 真皮卡片套 (4 月 28 日截止報名)
- 午間講座:傳統蛇鶴詠春椿功與健康 [II] (著重實習) (5 月 9 日)
- 智在星期二 (5 月 9 日)
- 最新同事及會員優惠
- 1. [提示] 教職員會興趣小組及運動隊招募快將截止 (詳情參閱<u>此連結</u>) 香港科技大學師生龍舟隊招募 快將截止 (4 月 31 日)

[科大教職員興趣小組與運動隊]

2. [提示] 5 月皮革班: 親手造父親節禮物 - 真皮卡片套 (4 月 28 日截止報名)

[科大教職員基督徒團契]

3. 午間講座:傳統蛇鶴詠春椿功與健康 [II] (著重實習)

日期: 2017年5月9日

時間:1pm-2pm

地點:5620室(靠近電梯#31-32)

語言:廣東話講者:翁國榮先生

什麼是二趾箝陽樁的功能?如何通過二趾箝陽樁簡單的姿態開通"氣"的運行?即時一同實習,同事可感受什麼是氣及這樁功所引發身體熱血運轉的感覺。

[科大教職員會蛇鶴詠春會]

4. 智在星期二

日期: 5月9日(星期二)

時間: 1時至2時

地點: 職員休息室 (University Center 1/F)

主題: 殷勤不懶惰 聯絡人: 發 9321-0357

簡 介:這個午間聚會旨在讓男士們可以輕鬆分享生活和工作上的苦與樂,彼此支持和鼓勵。每月 一次聚會。

[科大教職員基督徒團契]

5. 最新同事及會員優惠

最新優惠

• 身體護理產品

- 每月電訊優惠
- 有關培養兒童藝術潛能講座 (5月12日)[資訊內容只提供英語版]

詳情請瀏覽此網頁:http://staff.ust.hk/service off.html

[科大教職員福利小組]

香港科技大學教職員協會 2017年4月26日

查詢電郵:<u>staff@ust.hk</u>

服務與福利/商品折扣: http://staff.ust.hk/service off.html

興趣小組與運動隊: http://staff.ust.hk/interest.html
