

主旨: RESEND - Staff Association News - 2 Sept 2014 香港科技
大學教職員協會會訊 (2014年9月2日)

從: HKUST Staff Association <staff@ust.hk>

日期: 3/9/2014 9:59

到: <staff-association-news-list@ust.hk>

(RESEND)

HKUST Staff Association News – 2 Sept. 2014

中文版在英文版本之後

Dear Colleagues,

In this HKUST Staff Association News, we would like to bring to you:

1. **SA Happy Hour on 12 Sep 2014 (reminder)**
2. **Activities / Courses for Staff and Family Members:**
 - Traditional Tai Chi Class Recruitment
 - Yoga Class Recruitment
 - Recruitment of Staff Choir
 - Taekwondo Class

1. **SA Happy Hour on 12 Sep 2014 (reminder)**

Date: Fri 12 Sep 2014

Time: 1800 to 2000 hours.

Place: Restaurant and Bar UC Bistro

Cost: \$40 for members and \$60 for Non-members.

Non-members joining SA on the spot are allowed to pay the member's rate. Annual membership fee: \$30.

SA Membership Application Form can be downloaded from: http://staff.ust.hk/membership_form.html

In order to facilitate the preparation of food and drink, colleagues attending please register:

https://docs.google.com/forms/d/1ZFhNFyG3q7-oxHDgNiOQm9aLT5_D8N7pAXH8-SoDTHw/viewform?c=0&w=1&usp=mail_form_link.

2. **Activities / Courses for Staff and Family Members:**

The following courses for staff and their family members are open for recruitment. There is an administrative charge of \$30 for Non-members per course. Non-members are welcome to join the Staff Association to enjoy the member rate as well as other member benefits. Family of our staff could also join as Associated Members. ANNUAL membership fee for both membership types is the same which is \$30. SA membership application form can be downloaded from <http://staff.ust.hk>.

Enquiry: email staff@ust.hk

a. **Traditional Tai Chi Class Recruitment**

Traditional Wu style Tai Chi 108 forms part one for staff, student and family members.

Date: Every Thursday, from 11/09/14 to 20/11/14

Time: 1:00 to 2:00pm

Venue: LG1027

Language: Cantonese (English will be supplementary when required)

Instructor: Winson Yau/FMO

Quota: 20

Level: beginner

Fee: \$300 for SA member, \$330 for non-member *

Registration: <https://docs.google.com/forms>

[/d/1icOCBkqJkO3hwmxTXGbSh3gxdMY4MSU5bMEiwXQsh_U/viewform?usp=send_form](https://docs.google.com/forms/d/1icOCBkqJkO3hwmxTXGbSh3gxdMY4MSU5bMEiwXQsh_U/viewform?usp=send_form) (corrected URL)

Deadline: 18 Sept. 2014

Convenor: Winson Yau

Enquiry: Email winson@ust.hk

b. **Yoga Class Recruitment**

The Yoga Class is taught by Ellen Kong and Jack Chan, Certified Yoga teacher of International Sivananda Vedanta Center in South India with many years of teaching experience. All staff and family members are welcome.

Level: Elementary to intermediate level

Date: Monday on Sept 15, 22; Oct 13, 20, 27; Nov 10, 17, 24; Dec 1.

Time: 5:45 p.m. to 7:15 p.m.

Venue: LG1027

Language: Cantonese

Quota: 30

(Priority will be given to Staff Association members and a draw may be made when enrollment exceeds the quota.)

Fee: Member: \$495; Non-member: \$525 (including \$30 administration fee).

(For SA member, \$120 to be given to Staff Association. For non-member, \$150 to be given to Staff Association. The remainder is teacher fee.)

Registration: https://docs.google.com/forms/d/1sYUqRiUyx8TEQSi5D9W_mFXDK4rWMA_xB5byrk-R05E/viewform?c=0&w=1

Deadline: Sept 10, 2014

Convenor: Jack Chan/FMO

Enquiry: Email ejachan@ust.hk

c. **Staff Choir**

The HKUST Staff Choir welcomes beginner and experienced singers who like to sing together.

Contents:

- a variety of songs (e.g. musical theatre songs, classical songs and even acappella)
- basic vocal training (e.g. use of breath, control of muscles for singing)
- opportunity of performance
- and a lot of fun!

Level: Beginners or experienced singer

Date: Every Thursday, from 25 Sept 2014 to 18 Dec 2014

Time: 5:45 p.m. to 7:15 p.m.

Venue: UC102 Music Lounge (1/F of University Center)

Language: mainly in Cantonese supplemented with English or Putonghua

Quota: 25~30 (Priority will be given to Staff Association members and a draw may be made when enrollment exceeds the quota.)

Fee: Member: \$ HKD440~560 (depends on headcount);

Non-member: \$ 470~590 (including \$30 administration fee for non-members)*

Registration: https://docs.google.com/forms/d/1MBe_8rF0SzrXYuCuQouxym1iZn-R1TxW2Bazp0cj7MU/viewform?c=0&w=1&usp=mail_form_link

Deadline: 17 Sept 2014

Convenor: Huang Wen

Enquiry: Email staffchoir@ust.hk

d. Taekwondo Class

The class is taught by Dr. Takeuchi (MGMT). We practice all aspects of Taekwondo, including but not limited to general conditioning, kicking drills, forms, and sparring with equal emphasis on all! Anybody who is motivated can join!

Level: Beginner to Advanced (2nd degree black belt)

Date: Every Saturday from 6 Sept. 2014 to 25 July 2015 except Public Holiday and 8 Nov.
(Congregation).

Time: 11 a.m. to 1p.m.

Venue: LG1027

Language: English

Quota: 20 (Priority will be given to Staff Association members and a draw may be made when enrollment exceeds the quota.)

Fee: Free-of-charge

Registration: https://docs.google.com/forms/d/1youvmdB9Hwue1iM4URJOSxYg7a4A8AKq-O9k2C1z0EM/viewform?usp=send_form

Deadline: 5 Sept 2014

Convenor: Agnes Lai (MGMT)

Enquiry: Email mnkylai@ust.hk

HKUST Staff Association

Email: staff@ust.hk

(重發)

親愛的同事們:

香港科技大學教職員協會 會訊特此給您帶來以下新信息:

1. 科大教職員會 歡樂時光 (提醒)
2. 科大教職員會課程 招募新學員:
 - 傳統太極班
 - 瑜珈班
 - 教職員合唱團
 - 跆拳道班

1. 科大教職員會 歡樂時光 (提醒)

日期: 2014年9月12日(星期五)

時間: 下午六時 至 八時

地點: 大學中心小餐館/酒吧

收費: 教職員會員\$40元(可即時入會), 非會員\$60元

會員申請表格下載網址: http://staff.ust.hk/membership_form.html

登記: https://docs.google.com/forms/d/1ZFhNFyG3q7-oxHDgNiOQm9aLT5_D8N7pAXH8-SoDTHw/viewform?c=0&w=1&usp=mail_form_link

2. 科大教職員會課程 招募新學員

以下課程歡迎同事及家屬參加。非會員可即時加入成為本會會員, 即享會員特惠價及其他會員福利。教職員家屬可申請成為附屬會員。正式及附屬會員年費均為30元。申請表格下載網址:

<http://staff.ust.hk>

a. 科大教職員會 傳統太極班

傳統吳家太極拳 108式第一段招生, 歡迎同事, 同學及家屬參加。

日期: 由二零一四年九月十一日開始至十一月二十日止之逢星期四

時間: 一時至二時

地點: LG1027

語言: 廣東話 (如有須要可加上英語)

名額: 二十人

費用: 教職員會會員\$300 (可即時入會), 非會員\$330 *

導師: Winson Yau

水平: 初學者

報名: https://docs.google.com/forms/d/1icOCBkqJkO3hwmXTXGbSh3gxdMY4MSU5bMEiwXQsh_U/viewform?usp=send_form (更正網址)

截止日期: 二零一四年九月十四日

查詢: 電郵winson@ust.hk

b. 港科技大學教職員協會 瑜珈班

瑜珈班由具專業資格導師Ellen Kwong 及Jack Chan 教授。歡迎教職員及家屬參加。

程度: 初級至中級

日期: 星期一; 9月15, 22; 10月13, 20, 27; 11月10, 17, 24; 12月1號

時間: 下午5:45至下午7:15

地點: LG1027

語言: 廣東話

名額: 30人 (若超額則教職員協會會員優先)

費用: 會員: 495元; 非會員: 525元 (包含30元非會員行政費)*

(會員學費扣取120元捐予本會；非會員扣取150元捐款。餘額為導師費。)

報名: https://docs.google.com/forms/d/1sYUqRiUyx8TEQSi5D9W_mFXDK4rWMa_xB5byrk-R05E/viewform?c=0&w=1

截止日期: 2014年9月10日

召集人: Jack Chan

查詢: 電郵 eojachan@ust.hk

c. 香港科技大學教職員協會 教職員 合唱團

歡迎所有對唱歌有興趣的同事參加。會唱不同種類的歌曲;有基礎聲樂訓練和有演出機會。

程度: 歡迎任何水平人士參加

日期: 二零一四年九月二十五日開始至二零一四年十二月十八日止逢星期四

時間: 下午五時四十五分至下午七時十五分

地點: UC102(大學中心一樓)

語言: 廣東話為主附以英文或普通話

名額: 25~30人(若超額則教職員協會會員優先)

費用: 會員: \$440~560(視乎人數)

非會員: \$470~590(包含30元非會員行政費)

請登入以下連結報名: https://docs.google.com/forms/d/1MBe_8rF0SzrXYuCuQouxym1iZn-R1TxW2Bazp0cj7MU/viewform?c=0&w=1&usp=mail_form_link

截止報名日期: 二零一四年九月十七日前

召集人: 黃文

查詢: 電郵 staffchoir@ust.hk

d. 香港科技大學教職員協會 跆拳道班

跆拳道班由Dr. Takeuchi (MGMT)教授。在課堂中能練習各方面的跆拳道招式，包括但不限於一般基本踢技、還有其他應用踢技、拳法（即「色帶套拳」）和對打等練習！任何有興趣人士，歡迎加入！

程度: 初級至中級

日期: 由2014年9月6日開始至2015年7月25日止之逢星期六。
除公眾假期及11月8日(畢業禮)外。

時間: 上午11時至下午1時

地點: LG21027

語言: 英語

名額: 20人(若超額則教職員協會會員優先)

費用: 免費

報名: https://docs.google.com/forms/d/1youvmdB9Hwue1iM4URJOSxYg7a4A8AKq-O9k2C1z0EM/viewform?usp=send_form

截止日期: 2014年9月5日

召集人: Agnes Lai (MGMT)

查詢: 電郵 mnkylai@ust.hk

香港科技大學教職員協會

2014年9月2日