

## SA Yoga Class (Wednesday) 瑜珈班(星期三)

The SA Yoga Class is taught by Ellen Kong and Jack Chan, certified Yoga teachers of International Sivananda Vedanta Center in South India with many years of teaching experience. All staff and family members are welcome to join.

Level: Elementary to Intermediate Level

Date: Wednesday on the following dates 2018: Sep. 5, 12, 19, 26; Oct. 3, 10, 24, 31; Nov. 7, 21, 28; Dec. 5, 12, 19

Time: 6:00 p.m. to 7:30 p.m.

Venue: Staff Assoc. Office at G/F of University Center

Language: Cantonese

Quota: 12 (Priority will be given to SA members on a first-come-first-served basis. If enrollment is overwhelming, successful registrants will be informed to pay class fee by cheque after registration deadline for reservation. When payment is not received after payment deadline, those seats will be given to registrants on waiting list.)

Minimum Class size: 10 persons. If the minimum number of participants for the class is not met, the class will not be open.

Fee: Member: \$840; Non-member: \$870 (including \$30 administration fee for non-member).

-Remark: Part of the fees will be donated to the Staff Association, the balance is teacher fee.

-NOTE: please write the donation cheque to CHAN HUNG KI as addressee

Registration: All applicants please register on-line. First-come-first-served. Priority will be given to Staff Association Members

<https://goo.gl/forms/26AeyjQidddyX762>

(If registrations exceed the quota, we'll inform successful applicants to pay the course fee by cheque. If payment is not received by deadline, the place will be given to others on the waiting list.)

Registration Deadline: 28 Aug., 2018

Convenor: Jack Chan/FMO

Class Enquiry: Email [ejachan@ust.hk](mailto:ejachan@ust.hk)

**教職員協會瑜珈班由具任經驗及專業資格的江寶珍及陳鴻基任導師, 歡迎教職員及家屬參加。**

程度: 初級至中級

日期: 2018的星期三: 9月5, 12, 19, 26; 10月3, 10, 24, 31; 11月7, 21, 28; 12月5, 12, 19

時間: 下午6:00至下午7:30

地點: 大學職員會寫字樓--大學中心地下田家炳廳旁

語言: 廣東話

費用: 會員: 840元; 非會員: 870元 (包含30元非會員行政費), 部分學費捐予本會, 餘額為導師費。

**\*\*注意：捐款支票抬頭請寫 "陳鴻基"**

報名方法：

新舊學員均須網上報名，先到先得，教職員協會會員優先：

<https://goo.gl/forms/26AeyjQidfdyX762>

最少參加人數: 10 人,最多參加人數: 12 人(若報名人數少於 10人,此班會取消。若報名人數超額,本會將於報名截止後電郵通知成功報名人士交付學費支票以示留位,過期未交付學費支票會視為棄權而其位置將會讓給輪候的其他報名者)

截止日期: 2018 年 8 月 28 日

召集人: Jack Chan/FMO

查詢: 電郵 [ejachan@ust.hk](mailto:ejachan@ust.hk)